

In This Issue

[Malware and Spam](#)

[Firewall Protection](#)

Quick Links

[Register Now](#)
[Parallax Solutions Online](#)

Who is Parallax?

Parallax Solutions is a health information technology consulting firm located in the Waterloo/Cedar Falls area. What we are trying to bring to the table is a clear understanding of how medical offices can utilize hardware and software to effectively manage their electronic information.

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Dear Client,

Welcome to the first newsletter from your friends at Parallax Solutions. Our goal is to keep you informed on the latest news in the world of health information technology.

Malware and Spam. Are you protected?

Malware costs companies thousands each year.

The average employee spends 27 hours a year dealing with and deleting spam e-mails. In some cases, up to 90% of incoming mail is spam. What does this mean to you? Lost productivity and wasted storage space on your workstations and servers. Take a moment to analyze your spam problem and take action. Parallax can help you choose the right product for your needs. You'd be surprised at how little it can cost to alleviate one of the biggest problems related to Internet connectivity today.



Additionally, viruses and spyware can take your network completely out of service. Be proactive and ask how a malware remediation system can work for you!

Firewall Protection

Protect your medical records

Does your medical office require remote access to valuable electronic health information? If so, how confident are you that your network is protected from security breaches emanating from the Internet? A simple analysis of your network can tell you if you are capable of meeting HIPAA guidelines. Electronic health records are very valuable and you cannot allow protected information to fall into the wrong hands.



A simple port scan can reveal a lot about the robustness of your security plan. You can never be too careful about exposing your private network resources to the Internet.

Some good rules of thumb:

- Never directly expose a terminal server to the Internet. A simple port scan can reveal this security loophole.
- Remote access should be addressed using only VPN technology. SSL vpn is a modern way of giving virtually any PC access with no local software to install.
- Think of the investment in a firewall as an insurance policy which protects your INVALUABLE electronic health record repository.

Next month:

The dangers of wireless networking. How to protect yourself from a breach.

Give Parallax Solutions a call today if you are concerned that your network isn't functioning at its full potential. If you have concerns, it probably isn't.

Sincerely,

Steve Bantz
Health Information Technology Consultant
Parallax Solutions
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